

Washington State NHSCA Wrestling Championships March 23, 2013

Style: Folkstyle

Location: White River High School
26928 120th St E
Buckley, WA 98321

Weigh-ins: 7-8am, wrestling starts at 9
Must make weight entered, **no** changes at weigh-in.

Awards: Top 4 finishers in each weight class will receive awards

Uniforms: Singlets required (**No school singlets allowed!**)

Online Registration Entry Fee: \$25 includes medical and liability coverage. Register online at nhsca.com, then click Wrestling State Championship Event. Registration **must be** received by Friday, March 15th. NO EXCEPTIONS – NO “AT DOOR” REGISTRATION!

Divisions and weight classes:

High School (grades 9-12): 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285. Periods: 2-2-2, consolation: 1.5-1.5-1.5

Middle School (Grades 6-8): 75, 80, 85, 90, 95, 100, 105, 112, 119, 127, 135, 142, 154, 165, 180, 230. Periods: 1.5-1.5-1.5, consolation: 1-1-1

*Elementary School (Grades 4-6): 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 125, 132, 160. Periods: 1-1-1, consolation: 45-45-45

*Note: 6th graders can select the division in which they will compete.

**REMEMBER: NO SCHOOL SINGLETS OR LATE REGISTRATIONS
ALLOWED!!**

USA WRESTLING CARDS ARE NOT REQUIRED

Tournament Director: April Thompson, 253-797-1876, wrestlingm0m70@gmail.com