

OFFICIAL WRESTLING SIGNALS HIGH SCHOOL AND COLLEGE









Start the Injury Clock



Stop the Injury Clock



Neutral Position



Indicating No Control



Out-of-Bounds



Indicating
Wrestler in Control
Left or Right Hand



Defer Choice



Potentially Dangerous Left or Right Hand



Stalemate



caution for False Star and Incorrect Starting Procedure



Stalling Left or Right Hand



Interlocking Hands or Grasping Clothing



Reversal



Technical Violation



Illegal Hold or Unnecessary Roughness



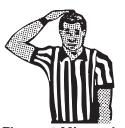
Near-Fall



Awarding Points Left or Right Hand



Unsportsmanlike Conduct



Flagrant Misconduct Left or Right Hand