

2023-2024 Gut Check
December 28-29, 2023
accesso ShoWare Center
Kent, WA

Team Scores

1. Toppenish	224.0
2. SLAM Academy	135.0
3. Moses Lake	126.0
4. Curtis	117.0
5. Snohomish	101.5
...	
16. Union	67.0

Placers

Niah Cassidy	1 st	130
Janessa O'Connell	3 rd	135

2023-2024 Gut Check Girls - Team Scores

	Team	Score			
			24	Newberg	39.5
1	Toppenish	224.0	25	Camas	39.0
2	SLAM Academy	135.0	25	Lincoln (Tacoma)	39.0
3	Moses Lake	126.0	27	Fife	34.0
4	Curtis	117.0	28	South Whidbey	26.0
5	Snohomish	101.0	29	Cashmere	25.0
6	Yelm	97.0	30	Bellevue	22.0
7	Othello	92.0	30	Cascade (Leavenworth)	22.0
8	Federal Way	90.0	30	Centralia	22.0
9	Davis	86.0	33	Kennedy Catholic	19.0
10	White River	85.5	34	Woodinville	17.0
11	Omak	82.0	35	Tahoma	14.0
12	Granger	81.0	36	Bremerton	13.0
13	Hermiston	80.0	37	Ballard	11.0
14	Sumner	75.0	37	Washington	11.0
15	Shorewood	69.0	39	Columbia River	10.0
16	Union	67.0	39	Meridian	10.0
17	W. F. West	65.5	41	Olympic	8.0
18	Prairie	62.5	42	La Center	7.0
19	Glacier Peak	62.0	43	Lewiston	6.0
20	Battle Ground	51.0	44	Campbell	3.0
21	Mountain View	50.0	45	Capital	0.0
22	Liberty Bell	43.0	45	Roosevelt	0.0
23	South Kitsap	40.0	45	Stadium	0.0

2023-2024 Gut Check Girls - Tournament Results

Girls 100

- 1st Place - Elizabeth Brunson of SLAM Academy (Girls)
- 2nd Place - Emma Norman of Yelm (Girls)
- 3rd Place - Kiara Torres of Granger (Girls)
- 4th Place - Lynette Espinoza of Davis (Girls)
- 5th Place - Isabel Brown of Battle Ground (Girls)
- 6th Place - Bailee Wagner of Sumner (Girls)

Girls 105

- 1st Place - Sophia Torrez of Toppenish (Girls)
- 2nd Place - Gracie Pham of Davis (Girls)
- 3rd Place - Bertha Cubrera of SLAM Academy (Girls)
- 4th Place - Malia Riojas of Granger (Girls)
- 5th Place - Lillian Born of Curtis (Girls)
- 6th Place - Elyssa Armendariz of Moses Lake (Girls)

Girls 110

- 1st Place - Ashley Naranjo of Moses Lake (Girls)
- 2nd Place - Adalyne Montiel of Toppenish (Girls)
- 3rd Place - Paisley Conway of Newberg (Girls)
- 4th Place - Mya Herrera of Cascade (Leavenworth) (Girls)
- 5th Place - Amanda Lillie of White River (Girls)
- 6th Place - Mariah Paz of Liberty Bell (Girls)

Girls 115

- 1st Place - Zeta Lee of Lincoln (Tacoma) (Girls)
- 2nd Place - Malia Ottow of Snohomish (Girls)
- 3rd Place - Noelani Lutz of SLAM Academy (Girls)
- 4th Place - Finley Houck of Shorewood (Girls)
- 5th Place - Eva Reinitz of Centralia (Girls)
- 6th Place - Ramona Reinitz of Centralia (Girls)
- 8th Place - Kamiya Newkirk of Davis (Girls)
- 8th Place - Lahalee Michel of Omak (Girls)

2023-2024 Gut Check Girls - Tournament Results

Girls 120

- 1st Place - Madisyn Erickson of Yelm (Girls)
- 2nd Place - Reese Prescott of Moses Lake (Girls)
- 3rd Place - Mika Yoffee of SLAM Academy (Girls)
- 4th Place - Hannah Hader of Glacier Peak (Girls)
- 5th Place - Kamaile Taisacan of Mountain View (Girls)
- 6th Place - Audrey Joner of Battle Ground (Girls)
- 8th Place - Chloe Herrick of Sumner (Girls)
- 8th Place - Jersey O'Neill of Columbia River (Girls)

Girls 125

- 1st Place - Karianne Baldwin of Glacier Peak (Girls)
- 2nd Place - Natallie Pinon of Toppenish (Girls)
- 3rd Place - Rosemary Brooks of South Kitsap (Girls)
- 4th Place - Abigail Worhatch of Sumner (Girls)
- 5th Place - Aurora Martin of W. F. West (Girls)
- 6th Place - Marli Miller of White River (Girls)

Girls 130

- 1st Place - Niah Cassidy of Union (Girls)
- 2nd Place - Sara Ortega of Toppenish (Girls)
- 3rd Place - Lilyana Lamothe of White River (Girls)
- 4th Place - Marina Velasco Bono of Federal Way (Girls)
- 5th Place - Kaylee Lehman of W. F. West (Girls)
- 6th Place - Aliza Price of Woodinville (Girls)
- 8th Place - Brooke Johnston of W. F. West (Girls)
- 8th Place - Erin Casey of Curtis (Girls)

Girls 135

- 1st Place - Sierra Wangen of Curtis (Girls)
- 2nd Place - Samantha Blank of Yelm (Girls)
- 3rd Place - Janessa O'Connell of Union (Girls)
- 4th Place - Lia Hornby of W. F. West (Girls)
- 5th Place - Kinsey Christoph of Omak (Girls)
- 6th Place - Adria Blue of White River (Girls)

2023-2024 Gut Check Girls - Tournament Results

Girls 140

- 1st Place - Ruby Clark of Toppenish (Girls)
- 2nd Place - Cassidy Jones-Mowen of Liberty Bell (Girls)
- 3rd Place - Gabriela Vela of Moses Lake (Girls)
- 4th Place - Carly Rangel-Tucker of Hermiston (Girls)
- 5th Place - Isabella Crave of Shorewood (Girls)
- 6th Place - Roxy Love Sedeno of Sumner (Girls)

Girls 145

- 1st Place - Anna Spencer of Fife (Girls)
- 2nd Place - Chloe Cahan of Snohomish (Girls)
- 3rd Place - Kaylie Baker of South Whidbey (Girls)
- 4th Place - Josephine Ives of Bellevue (Girls)
- 5th Place - Trinity Wahl of Sumner (Girls)
- 6th Place - Maria Tomas Mendez of Mountain View (Girls)

Girls 155

- 1st Place - Clarissa Wangen of Curtis (Girls)
- 2nd Place - Makayla Torres of Toppenish (Girls)
- 3rd Place - Kiara Haertling of Othello (Girls)
- 4th Place - Gabriela Sanchez of Davis (Girls)
- 5th Place - Jillian Hradec of Snohomish (Girls)
- 6th Place - Sonia Mendoza of Granger (Girls)

Girls 170

- 1st Place - Islah Alcala of Toppenish (Girls)
- 2nd Place - Billie Bonwell of SLAM Academy (Girls)
- 3rd Place - Ryley Nager of Curtis (Girls)
- 4th Place - Aaliyah Young of Prairie (Girls)
- 5th Place - Gernyria Haqq of Federal Way (Girls)
- 6th Place - Journey Cate of Omak (Girls)

2023-2024 Gut Check Girls - Tournament Results

Girls 190

- 1st Place - Elia Velazquez of Othello (Girls)
- 2nd Place - Liana Wayman of Federal Way (Girls)
- 3rd Place - Abigaele Chisungu of Shorewood (Girls)
- 4th Place - Harleigh Cabbage-Thorp of Hermiston (Girls)
- 5th Place - Yzanah Smith of Bremerton (Girls)
- 6th Place - Avery Vega Padilla of Camas (Girls)

Girls 235

- 1st Place - Faith Tarrant of Prairie (Girls)
- 2nd Place - Kiona Michel of Omak (Girls)
- 3rd Place - Kanora Diederichs of Kennedy Catholic (Girls)
- 4th Place - Tutaitaga Sepeni of Hermiston (Girls)
- 5th Place - Iyana King of Federal Way (Girls)
- 6th Place - Katherine Petersen of Tahoma (Girls)

2023-2024 Gut Check Girls - Results for Union

Girls 130

Niah Cassidy (5-0) placed 1st and scored 30.0 team points.

- Champ. Round 1 - Niah Cassidy (Union (Girls)) 5-0 received a bye () (Bye)
- Champ. Round 2 - Niah Cassidy (Union (Girls)) 5-0 won by fall over Alissa Alvarado-Young (Yelm (Girls)) 8-4 (Fall 2:09)
- Quarterfinal - Niah Cassidy (Union (Girls)) 5-0 won by fall over Brooke Johnston (W. F. West (Girls)) 3-2 (Fall 1:48)
- Semifinal - Niah Cassidy (Union (Girls)) 5-0 won by decision over Lilyana Lamothe (White River (Girls)) 20-3 (Dec 8-7)
- 1st Place Match - Niah Cassidy (Union (Girls)) 5-0 won by decision over Sara Ortega (Toppenish (Girls)) 23-4 (Dec 2-0)

Girls 135

Keely Talavera (2-2) place is unknown.

- Champ. Round 1 - Keely Talavera (Union (Girls)) 2-2 received a bye () (Bye)
- Champ. Round 2 - Kinsey Christoph (Omak (Girls)) 5-2 won by fall over Keely Talavera (Union (Girls)) 2-2 (Fall 3:58)
- Cons. Round 2 - Keely Talavera (Union (Girls)) 2-2 won by fall over Alexsa Fountaine (Stadium (Girls)) 3-5 (Fall 2:54)
- Cons. Round 3 - Keely Talavera (Union (Girls)) 2-2 won by fall over Alivia Pruitt (Davis (Girls)) 7-6 (Fall 0:19)
- Cons. Round 4 - Elena Flores (Hermiston (Girls)) 14-7 won by fall over Keely Talavera (Union (Girls)) 2-2 (Fall 2:25)

2023-2024 Gut Check Girls - Results for Union

Girls 135

Janessa o`connell (5-1) placed 3rd and scored 26.0 team points.

- Champ. Round 1 - Janessa o`connell (Union (Girls)) 5-1 received a bye () (Bye)
- Champ. Round 2 - Janessa o`connell (Union (Girls)) 5-1 won by fall over Tess Longoria (Sumner (Girls)) 16-11 (Fall 1:45)
- Quarterfinal - Janessa o`connell (Union (Girls)) 5-1 won by fall over Elena Flores (Hermiston (Girls)) 14-7 (Fall 1:30)
- Semifinal - Sierra Wangen (Curtis (Girls)) 24-0 won by fall over Janessa o`connell (Union (Girls)) 5-1 (Fall 2:41)
- Cons. Semi - Janessa o`connell (Union (Girls)) 5-1 won by fall over Kinsey Christoph (Omak (Girls)) 5-2 (Fall 1:44)
- 3rd Place Match - Janessa o`connell (Union (Girls)) 5-1 won by fall over Lia Hornby (W. F. West (Girls)) 17-3 (Fall 1:50)

Girls 190

Ahmiya Brox (1-2) place is unknown and scored 4.0 team points.

- Champ. Round 1 - Ahmiya Brox (Union (Girls)) 1-2 won by fall over Emma Rivera (Lewiston (Girls)) 8-6 (Fall 1:11)
- Quarterfinal - Liana Wayman (Federal Way (Girls)) 5-3 won by fall over Ahmiya Brox (Union (Girls)) 1-2 (Fall 3:45)
- Cons. Round 2 - Jorgia McKim (Hermiston (Girls)) 13-6 won by injury default over Ahmiya Brox (Union (Girls)) 1-2 (Inj. 3:23)

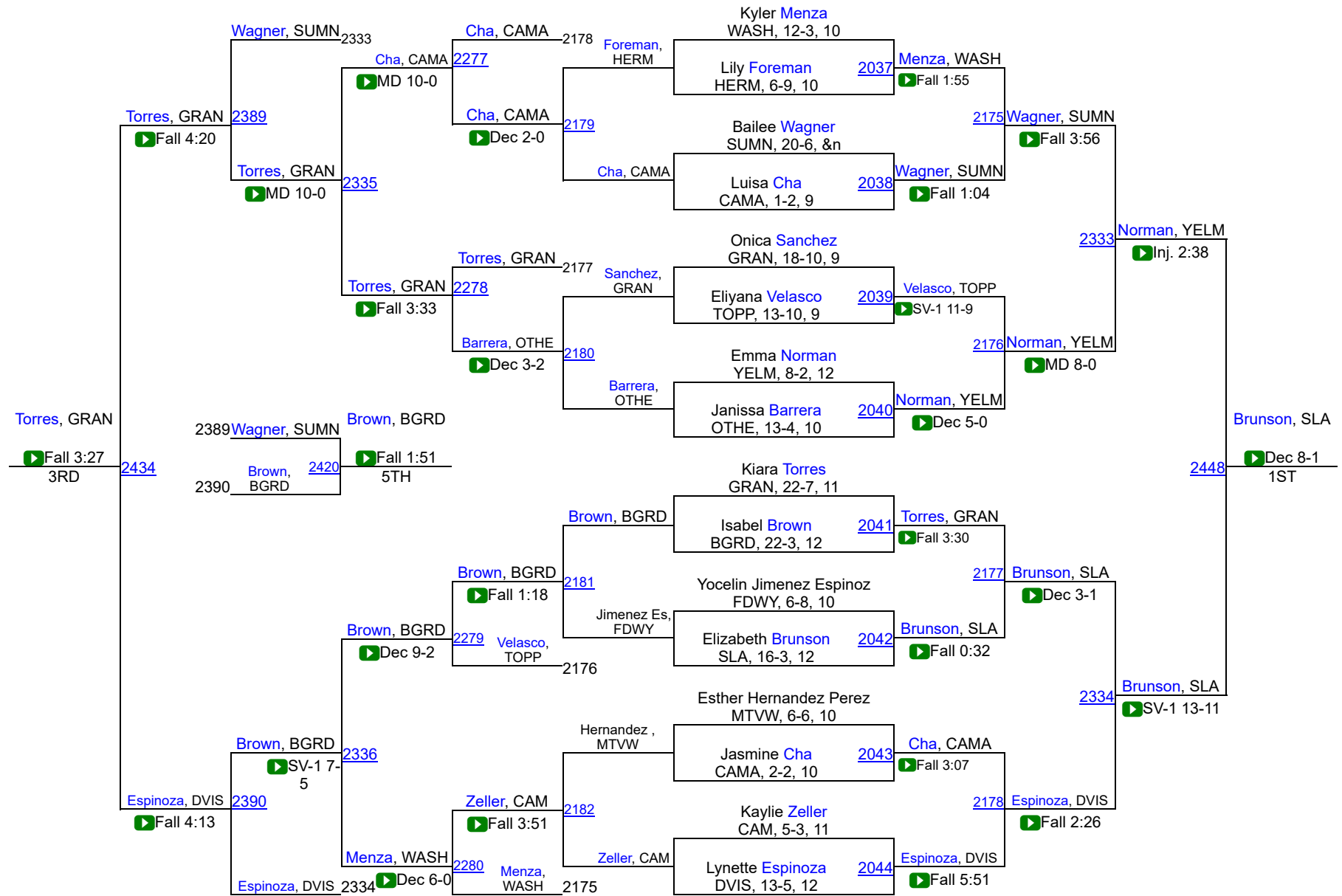
Girls 235

Virginia Thomason (2-2) place is unknown and scored 7.0 team points.

- Champ. Round 1 - Virginia Thomason (Union (Girls)) 2-2 won by fall over KD Obtinario (W. F. West (Girls)) 2-9 (Fall 4:33)
- Quarterfinal - Faith Tarrant (Prairie (Girls)) 19-0 won by fall over Virginia Thomason (Union (Girls)) 2-2 (Fall 3:58)
- Cons. Round 2 - Virginia Thomason (Union (Girls)) 2-2 won by fall over Sawyer Newman (Davis (Girls)) 7-8 (Fall 4:42)
- Cons. Round 3 - Kanora Diederichs (Kennedy Catholic (Girls)) 17-4 won in tie breaker - 1 over Virginia Thomason (Union (Girls)) 2-2 (TB-1 5-2)

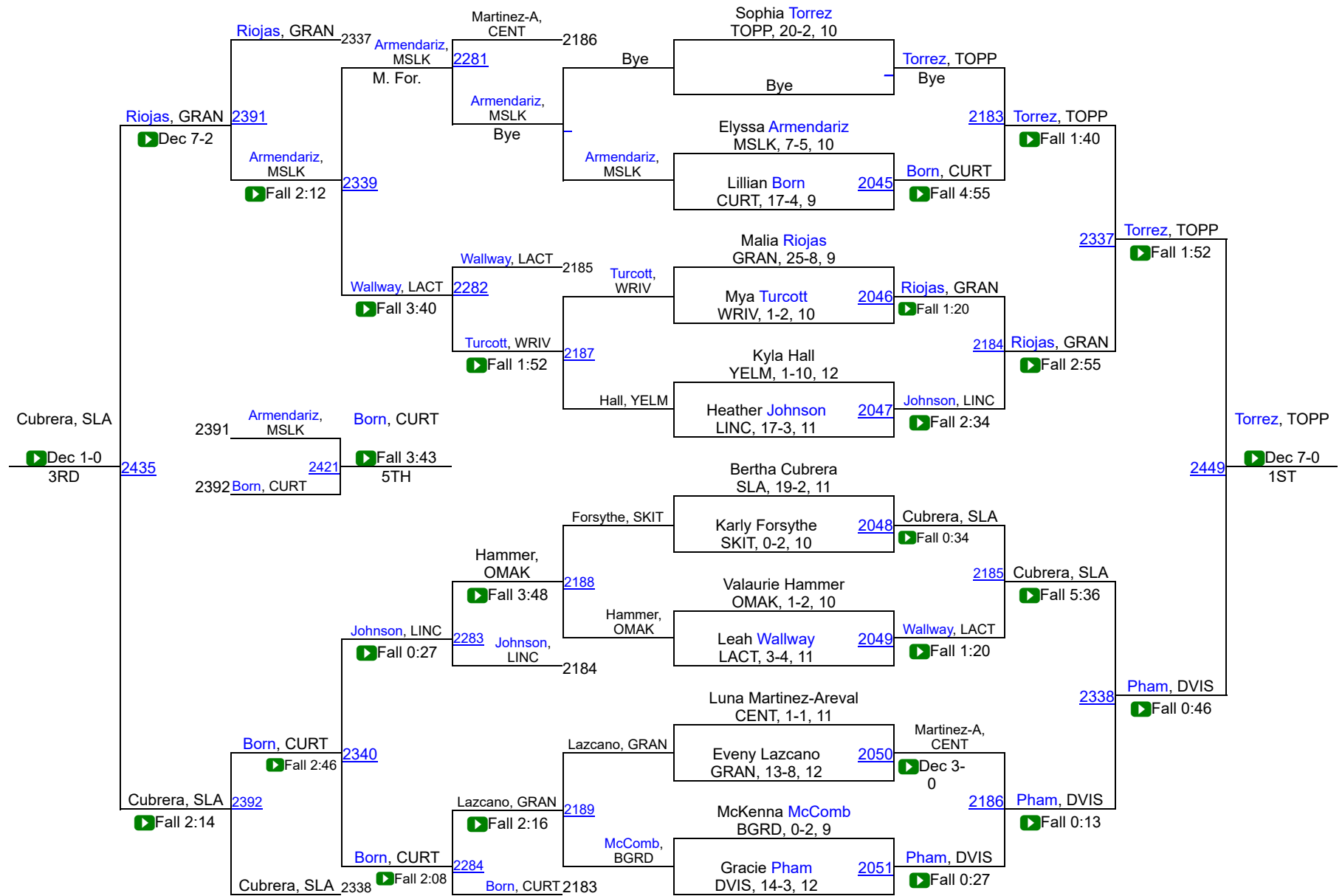
GUT CHECK

Girls 100



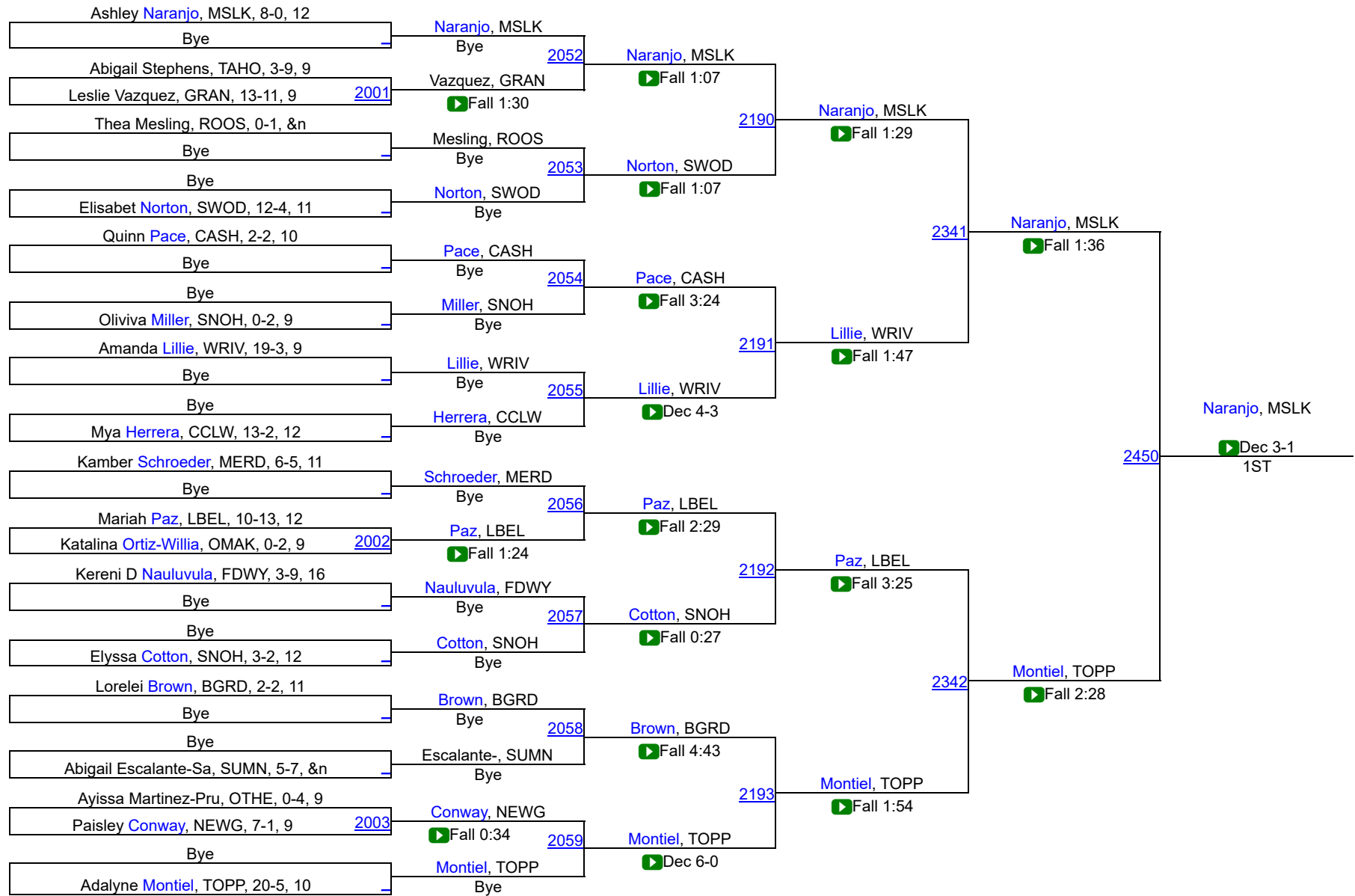
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Girls 105

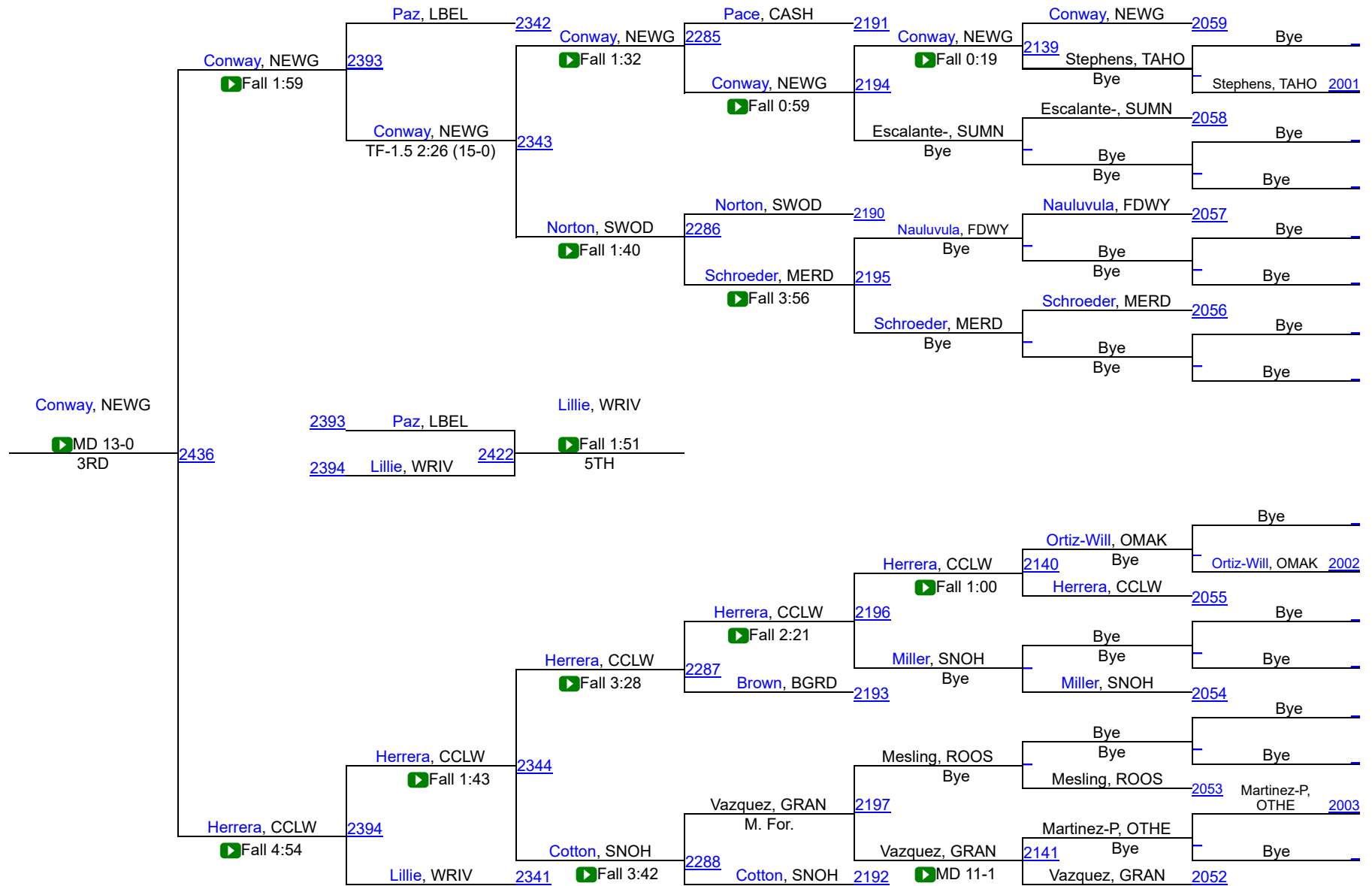


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Girls 110

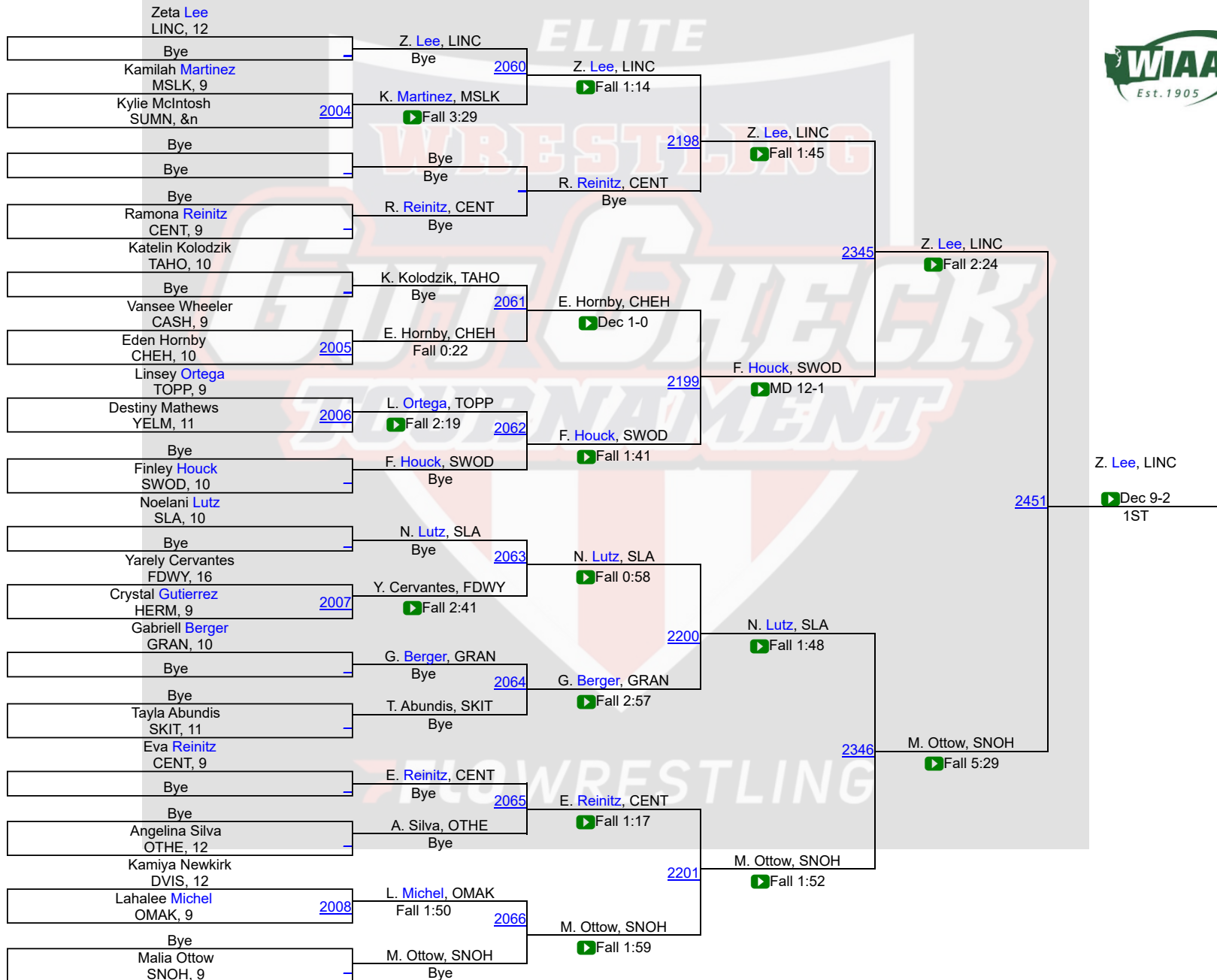


Girls 110

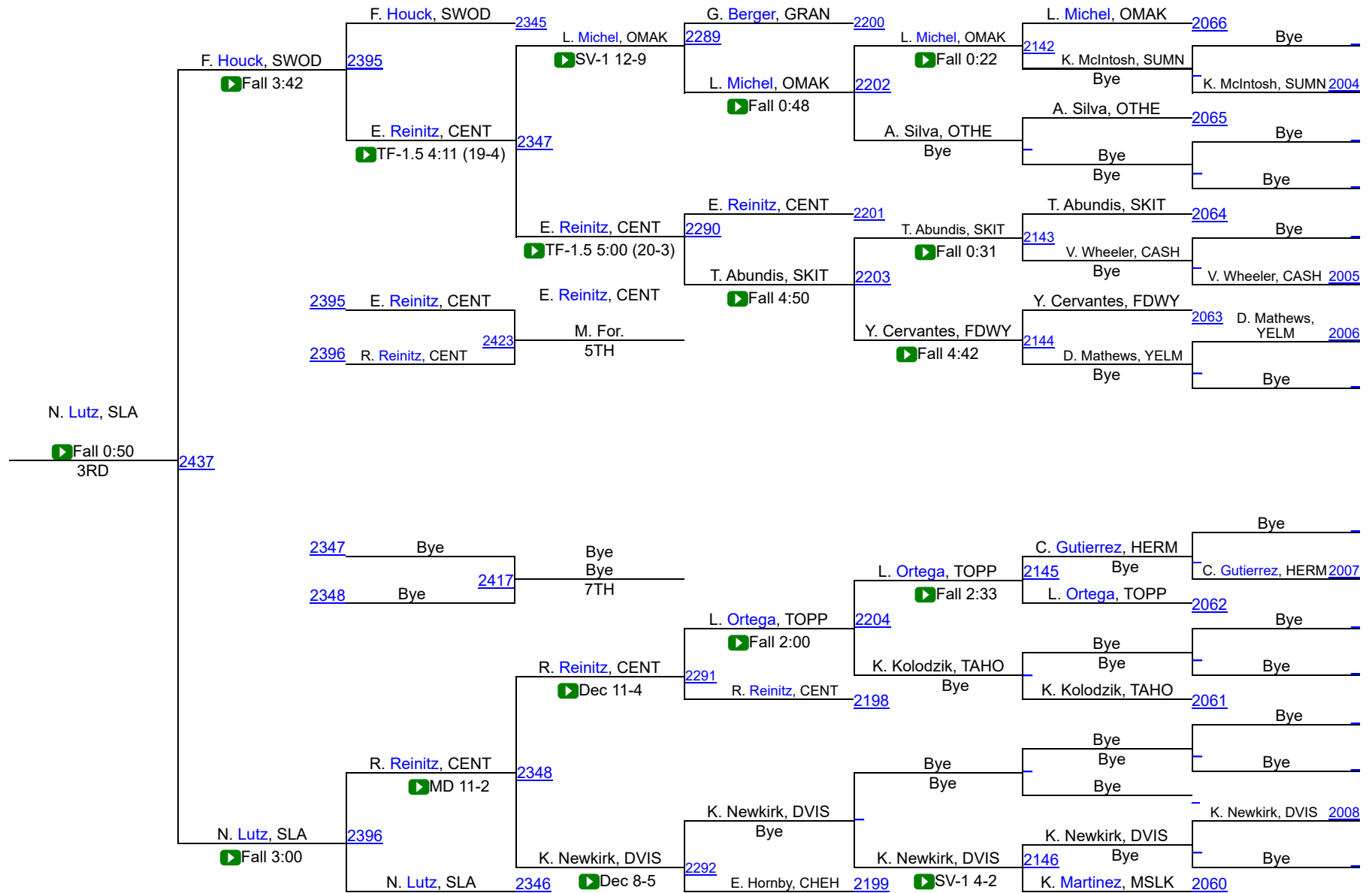


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Girls 115

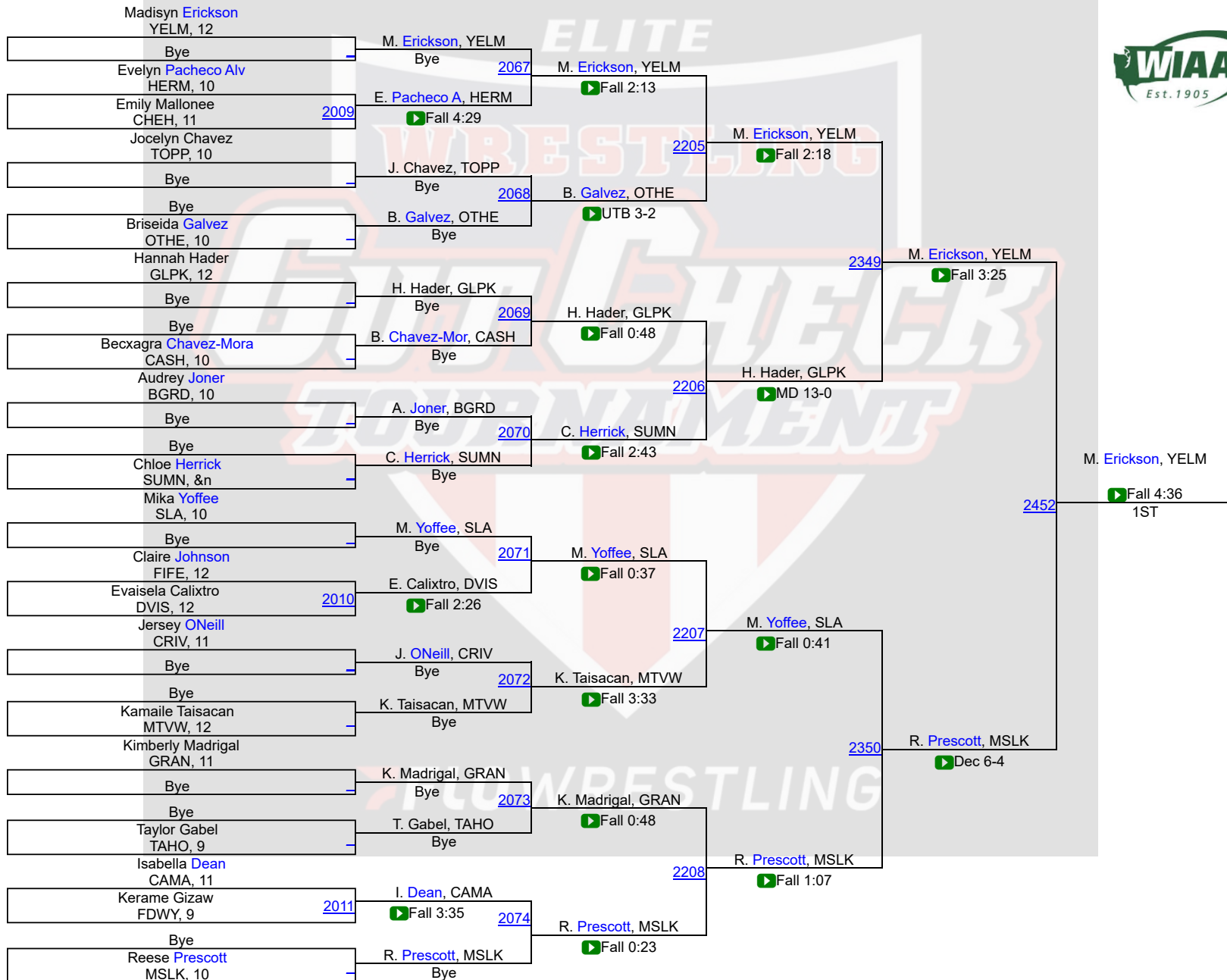


Girls 115



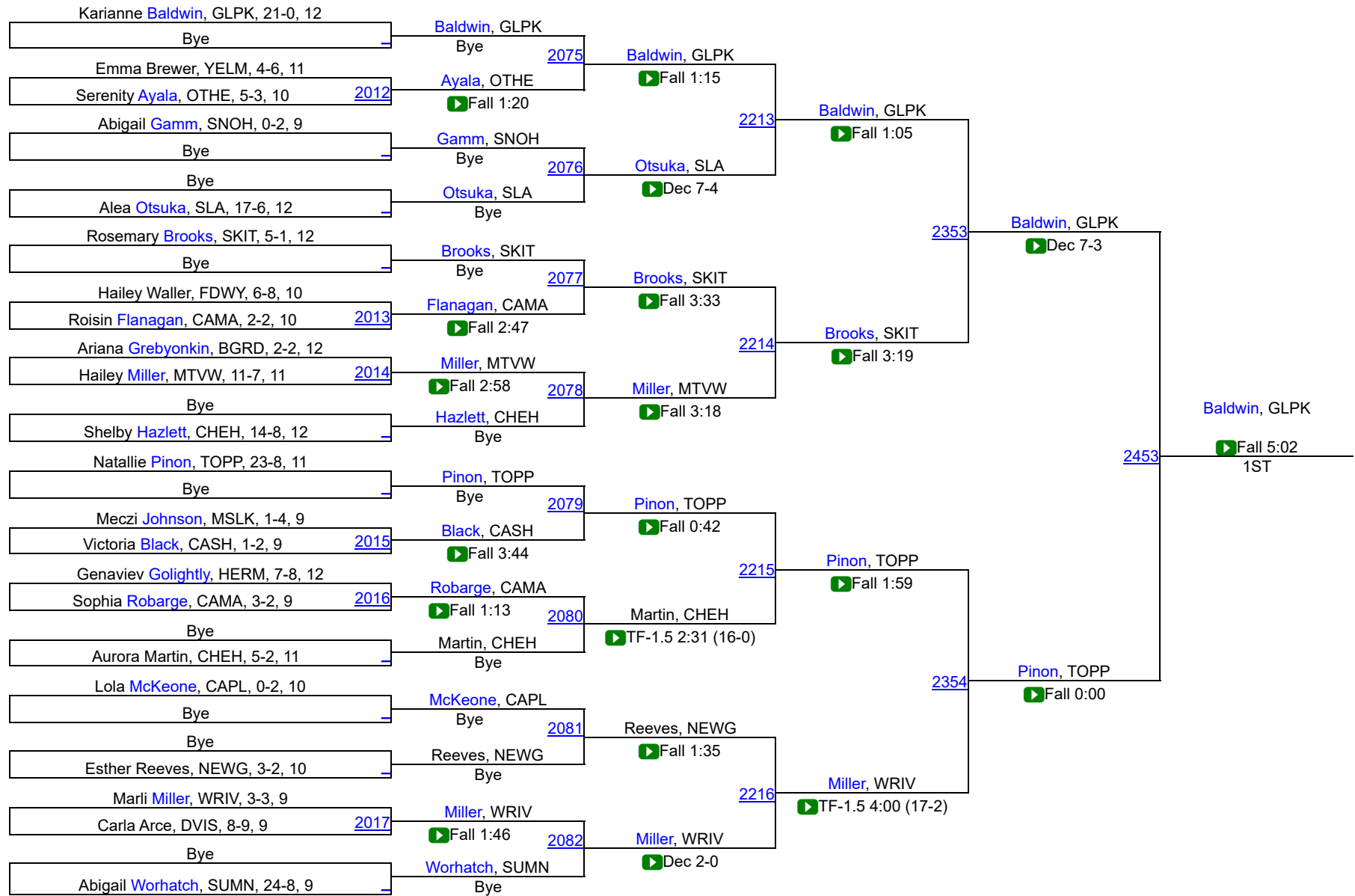
2023 Gut Check - Accesso ShoWare in Kent, WA

Girls 120



GUT CHECK

Girls 125



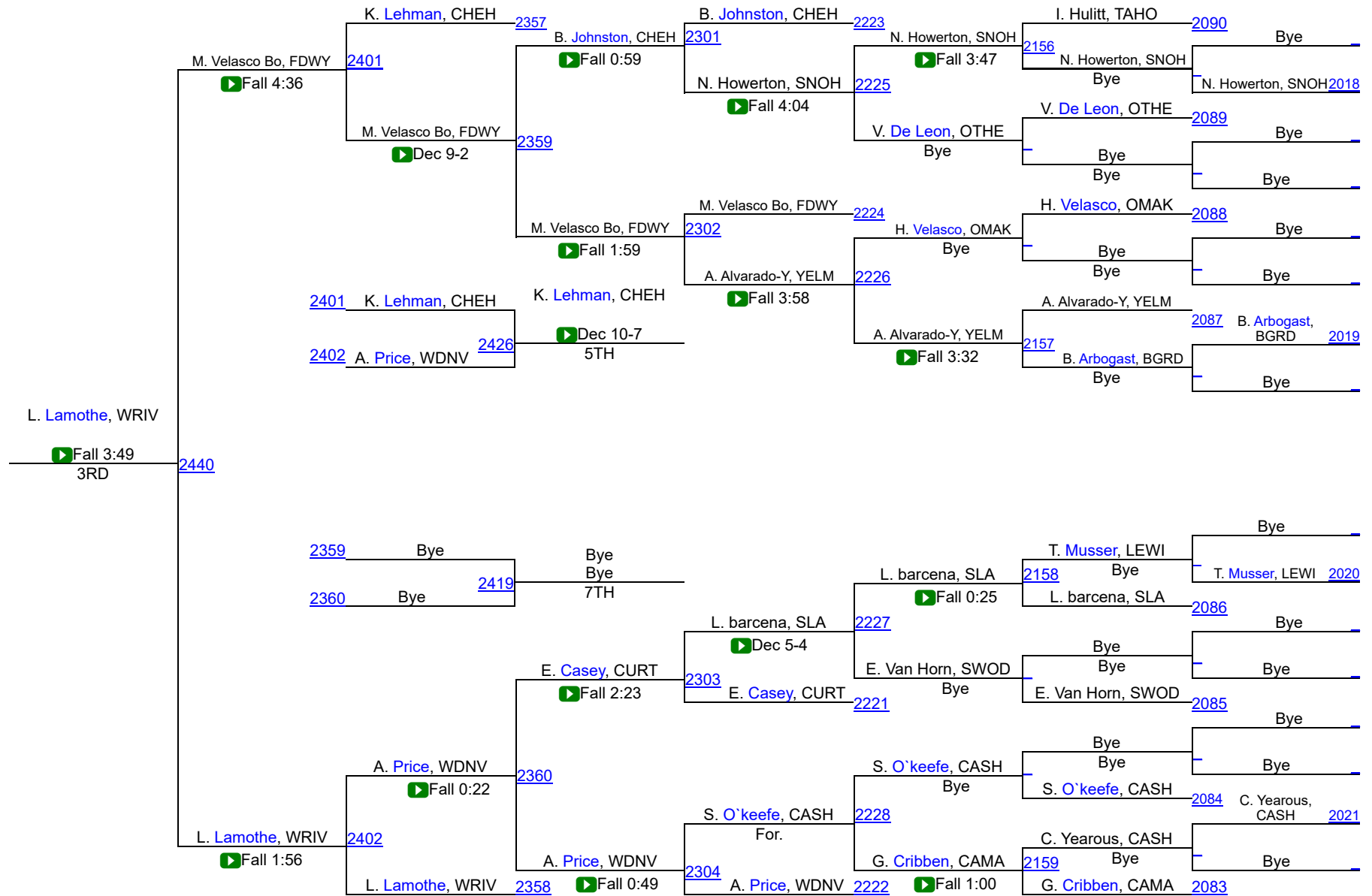
2023 Gut Check - Accesso ShoWare in Kent, WA

Girls 130



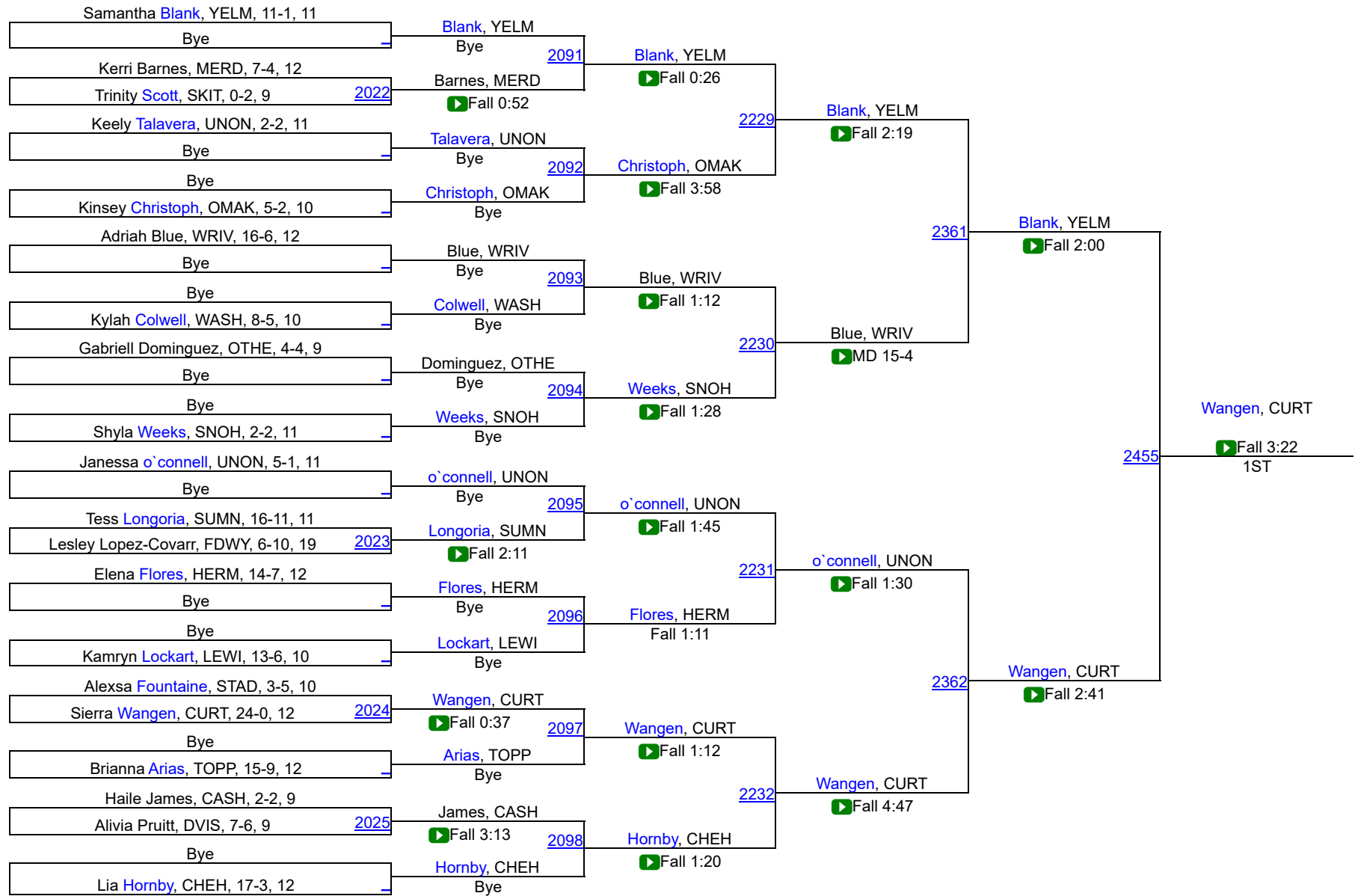
Sara Ortega TOPP, 10	S. Ortega, TOPP		
Bye	Bye	2083	S. Ortega, TOPP
Nevaeh Howerton SNOH, 10	G. Cribben, CAMA	▶ Fall 1:06	
Gyselle Cribben CAMA, 10	▶ Fall 1:14		
Saige O'keefe CASH, 12	S. O'keefe, CASH	2221	S. Ortega, TOPP
Bye	Bye	▶ Fall 1:35	
Bye	2084	E. Casey, CURT	
Erin Casey CURT, 11	E. Casey, CURT	▶ Fall 1:27	
Aliza Price WDNV, 11	Bye		
Bye	A. Price, WDNV	2357	S. Ortega, TOPP
Bye	Bye	▶ MD 11-3	
Bye	2085	A. Price, WDNV	
Eliana Van Horn SWOD, 10	E. Van Horn, SWOD	▶ Fall 2:14	
Liberdi barcena SLA, 11	Bye		
Brody Arbogast BGRD, 9	L. barcena, SLA	2222	K. Lehman, CHEH
Bye	▶ Fall 2:30	▶ Fall 2:35	
Kaylee Lehman CHEH, 11	2086	K. Lehman, CHEH	
Niah Cassidy UNON, 12	K. Lehman, CHEH	▶ TF-1.5 2:57 (16-0)	
Bye	Bye		
Bye	N. Cassidy, UNON		
Alissa Alvarado-You YELM, 9	Bye	2087	N. Cassidy, UNON
Taylor Musser LEWI, 10	A. Alvarado-Y, YELM	▶ Fall 2:09	
Hayden Velasco OMAK, 12	▶ Fall 0:55		
Bye	H. Velasco, OMAK	2223	N. Cassidy, UNON
Bye	Bye	▶ Fall 1:48	
Brooke Johnston CHEH, 12	B. Johnston, CHEH	▶ Fall 5:13	
Marina Velasco Bono FDWY, 17	Bye		
Bye	M. Velasco Bo, FDWY	2358	N. Cassidy, UNON
Bye	Bye	▶ Dec 8-7	
Bye	2089	M. Velasco Bo, FDWY	
Victoria De Leon OTHE, 10	V. De Leon, OTHE	▶ Fall 3:43	
Isabella Hulitt TAHO, 9	Bye		
Cora Yearous CASH, 11	I. Hulitt, TAHO	2224	L. Lamothe, WRIV
Bye	▶ Fall 0:25	▶ Inj. 2:00	
Liyana Lamothe WRIV, 11	2090	L. Lamothe, WRIV	
Bye	L. Lamothe, WRIV	▶ Fall 0:19	
	Bye		
			N. Cassidy, UNON
			▶ Dec 2-0 1ST
			2454

Girls 130

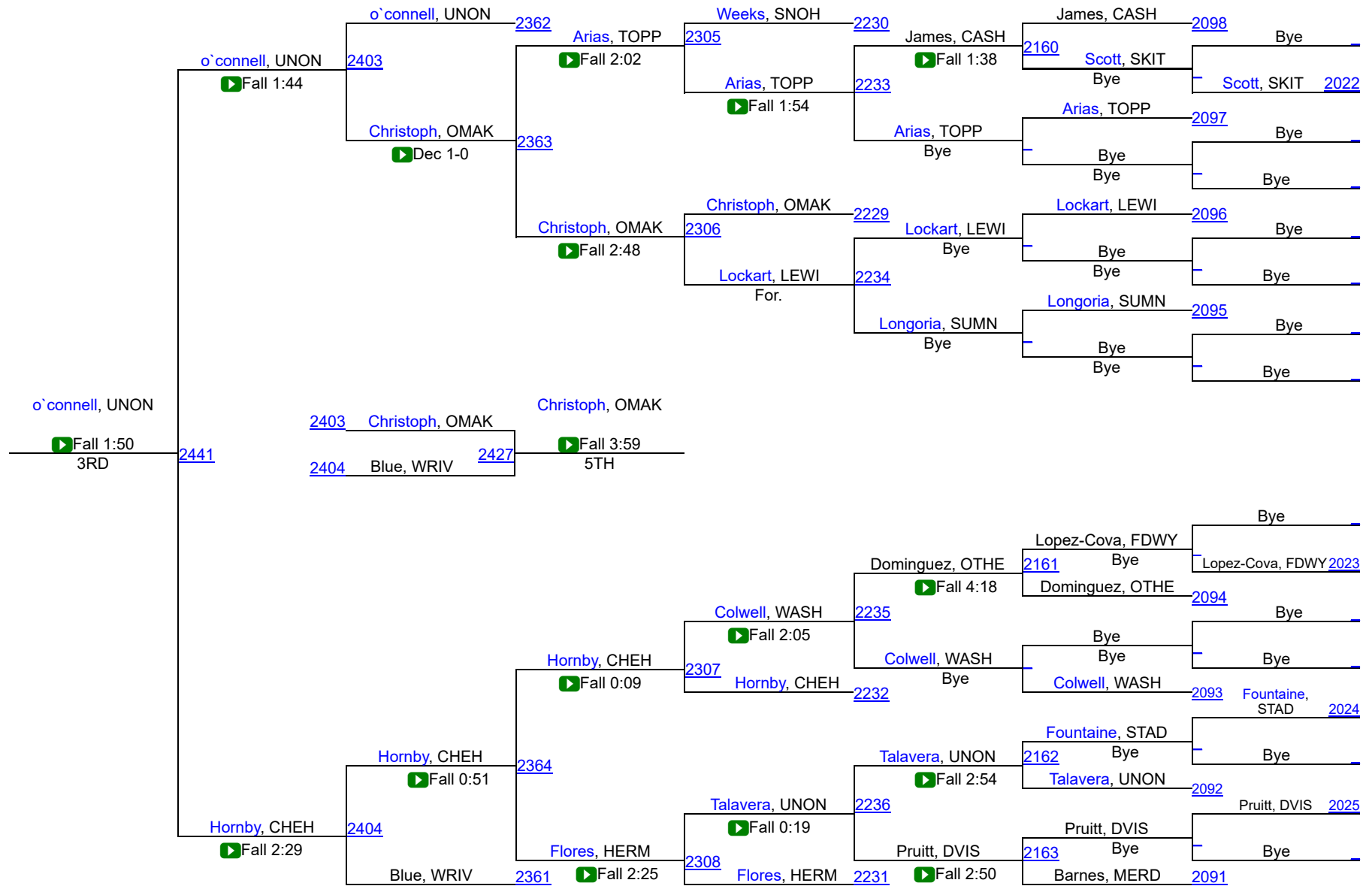


GUT CHECK

Girls 135

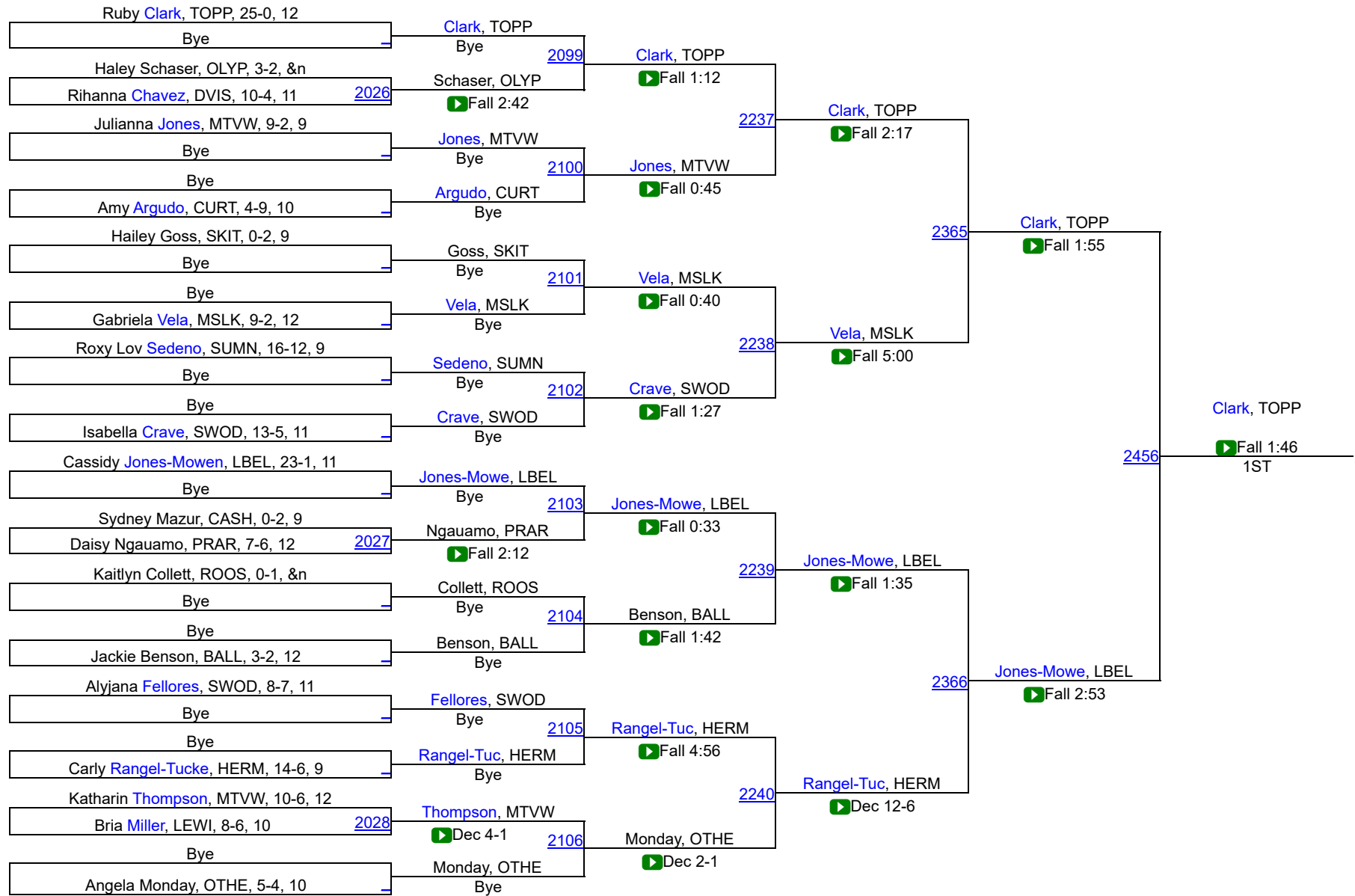


Girls 135



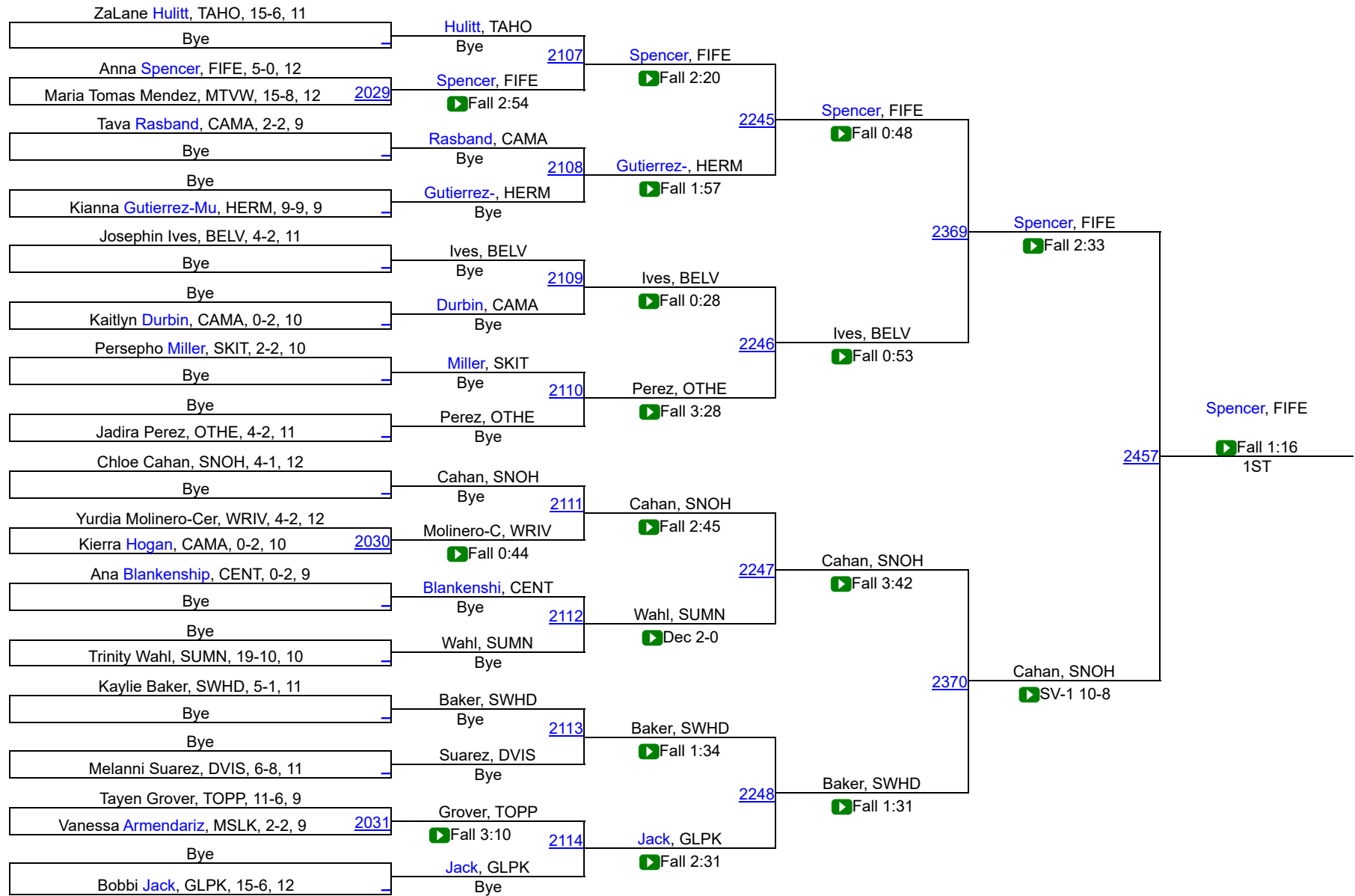
GUT CHECK

Girls 140

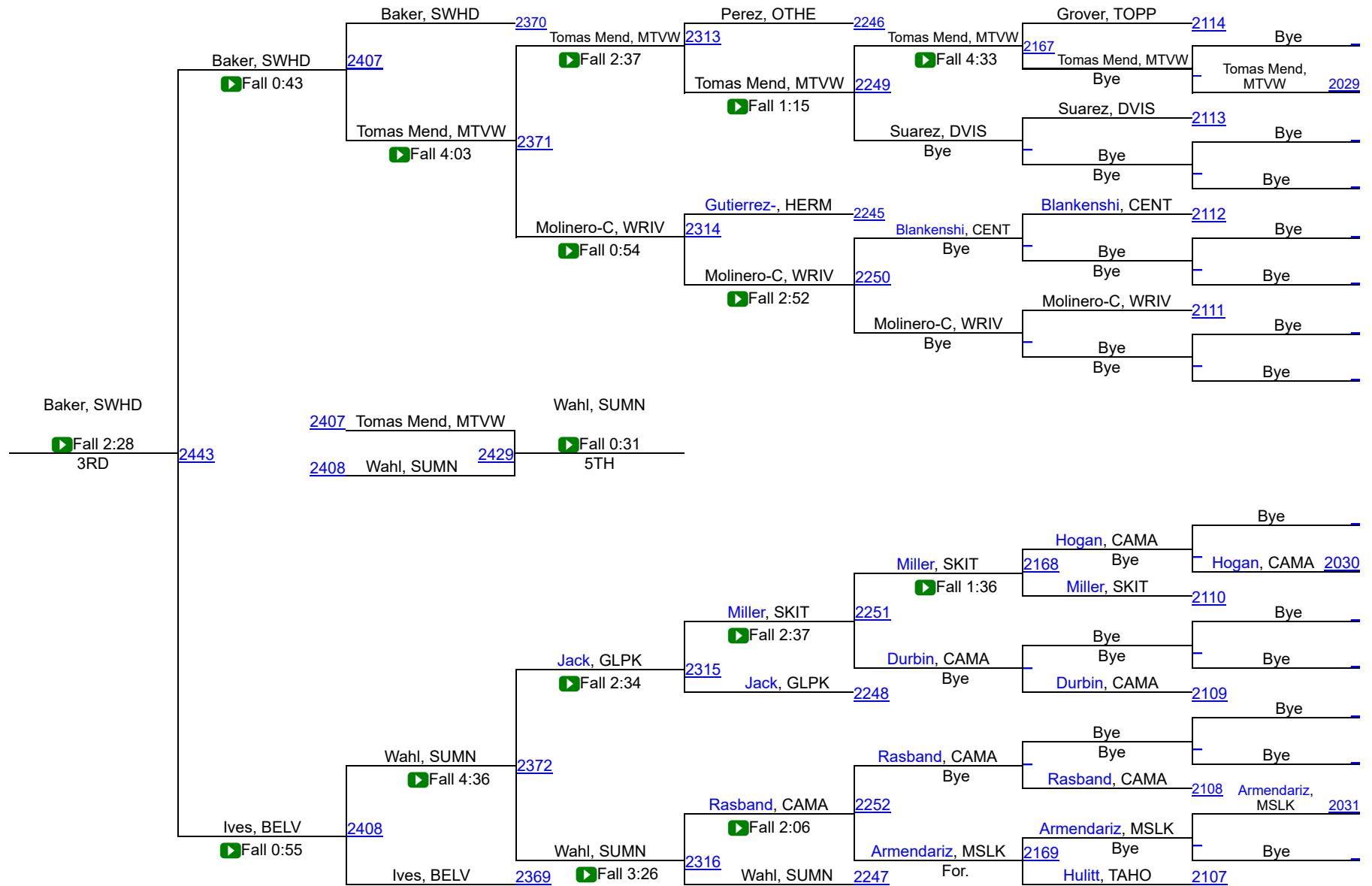


GUT CHECK

Girls 145

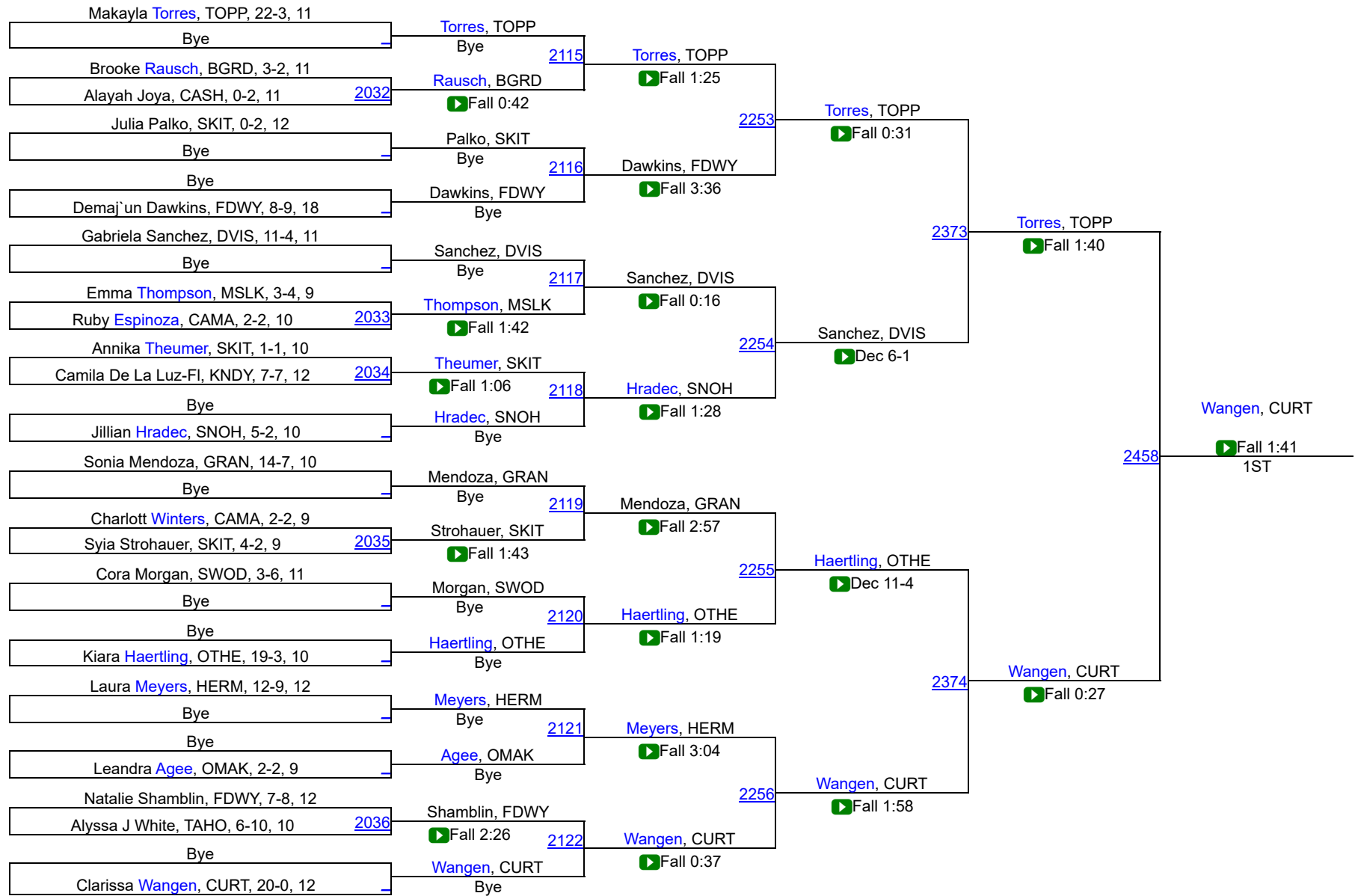


Girls 145

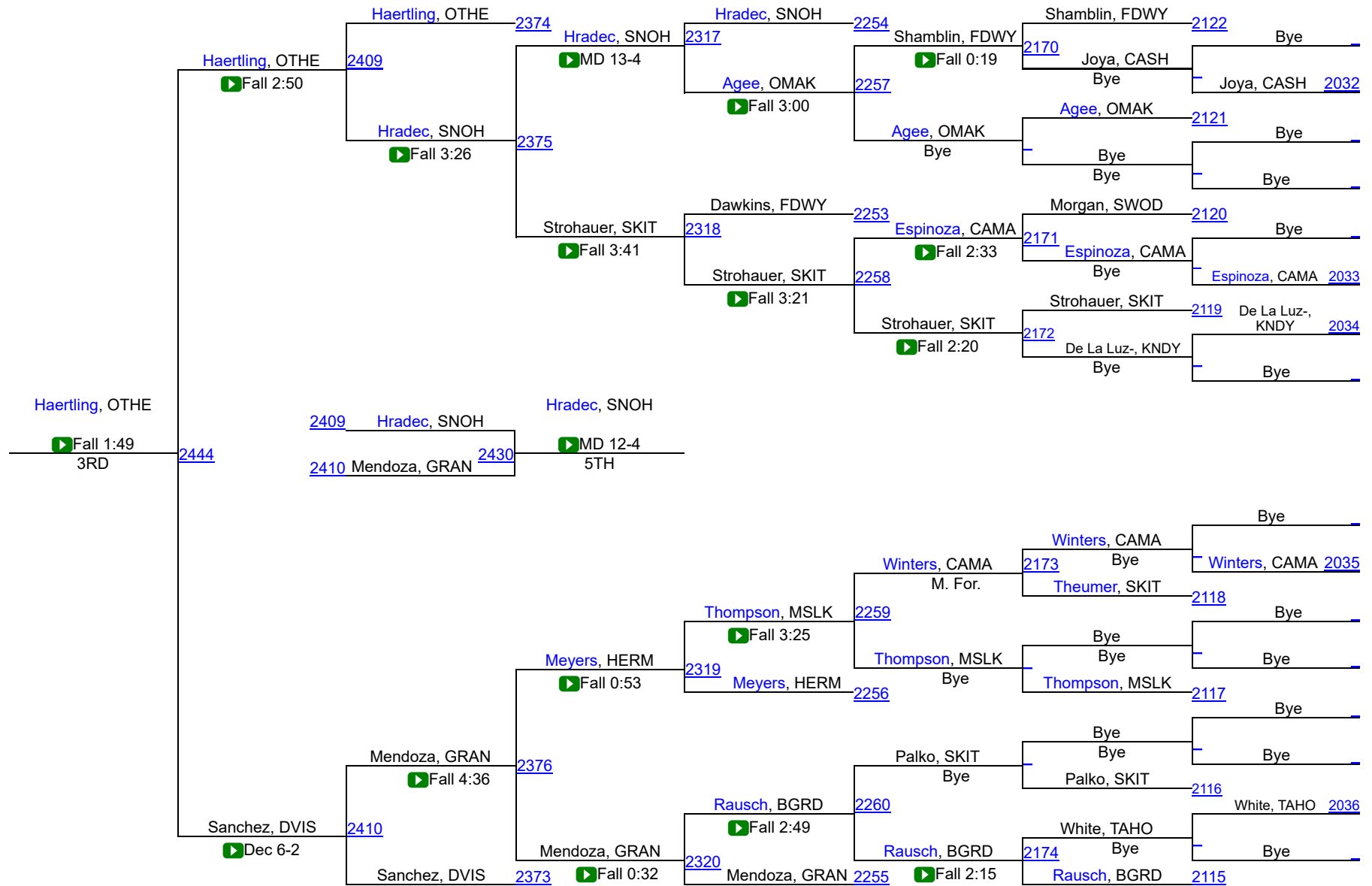


GUT CHECK

Girls 155



Girls 155



GUT CHECK

Girls 190

